

Spring/Summer menu



WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken noodle soup served with fresh crusty bread	Mixed bean chilli with rice and tortilla chips	Macaroni cheese served with mini corn on the cob	Paprika & bell pepper chicken with saute potatoes	Fish fingers, chips and peas
Vegetarian/Vegan Option	Vegetable soup with fresh crusty bread	Vegan Chilli with rice and tortilla chips	Vegan Mac n Cheez served with mini corn on the cob	Plant based paprika chicken pieces with saute potatoes	Veggie fingers, chips and peas
Desert	Flapjacks/ Banana Loaf	Melon Wedges	Strawberry Delight/ Alpro strawberry dessert	Ice cream/ Vegan Icecream with sprinkles	Peaches and cream

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Herby tomato pasta served with garlic bread	BBQ chicken with couscous	Roast chicken dinner, potatoes, veg and Yorkshire pudding	Spaghetti bolognese with cheesy garlic bread	Cauliflower and chickpea curry served with rice and naan bread
Vegetarian/Vegan Option	Herby tomato pasta served with vegan garlic bread	Plant based BBQ chicken strips with couscous	Plant based chicken with potatoes and vegetables	Vegetable bolognese with vegan garlic bread	Cauliflower and chickpea curry served with rice and naan
Desert	Fresh fruit platter	Butterscotch delight/ toffee soya yogurt	Vegan sponge and custard	Fromage frais/ alpro yogurt	Ice cream/ Vegan Icecream with sprinkles

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Baked potato with cheese and beans	Meatballs and pasta in tomato vegetable sauce	Pork Belly in black bean sauce with jasmine rice	Minced beef stew with dumplings with broccoli and carrots	Jerk chicken, peas and rice cooked in coconut cream
Vegetarian/Vegan Option	Baked potato with vegan cheese and beans	Plant based meatballs and pasta in a tomato and vegetable sauce	Plant based beef strips in black bean sauce with jasmine rice	Plant based mince cobbler broccoli and carrots	Plant based jerk chicken pieces with peas and rice.
Desert	Mini cupcakes/ vegan cupcakes	Fruit Jelly/ Vegan fruit jelly	Pineapple and cheese	Melon and kiwi medley	Selection of yogurt and soya yogurt